



University of California
San Francisco



SEXUAL ASSAULT AWARENESS MONTH

A Collaboration between your CARE Advocate, Student Life and the UCSF Police Department

Walk Against Rape

The Women's Building, 3543 18th Street #8, San Francisco — Saturday, April 6, 10am to 2pm

The Walk Against Rape is a 2.2 mile march through the Mission District of San Francisco. March with us as we speak out against sexual violence and rape. All proceeds will benefit San Francisco Women Against Rape (SFWAR)

tiny.ucsf.edu/sfwar

Healing with Art

Maker's Lab, 1st Floor Parnassus Library — Wednesday, April 10 11am to 1pm

Create collage art and explore this outlet as a form of healing or in support of sexual assault survivors. Materials will be provided. Sign up on the Makers Lab website.

tiny.ucsf.edu/CollageArt

Coffee with Cops

Mission Hall, Atrium — Thursday, April 18, 2019 at 12pm to 1pm

You are invited to have FREE coffee with members of the UCSF Police Department and your CARE Advocate Denise Caramagno to learn more about resources available to you. Learn more about R.A.D. Self-Defense courses and sign up for the wait list.

Denim Day

UCSF Campus Wide — Wednesday, April 24, 2019 All Day

Wear denim to show solidarity with survivors of abuse and encourage open discussion about how we can work in our personal and professional lives to reduce violence in our communities.

Meditation and Relaxation Workshop

April 26 from noon to 1:00 p.m. Lange Room, 5th floor, Parnassus Library.

This workshop will be led by Dominique Cowling, a Bay Area native who is passionate about sharing trauma sensitive tools for emotional, mental and physical wellness. She believes healing and social justice are deeply connected and focuses on ways these ancient practices can be more accessible and support survivors' healing, liberation and resilience. All are welcome for this gentle practice!

Space is limited. RSVP at: tinyurl.com/Healing-Meditation-Workshop

careadvocate.ucsf.edu