

## Strategies for survival

### 1. Awareness

- Get into your survival mindset
- Take time to understand the situation
- Be ready to take rapid, effective actions
- Be mindful, not fearful

### 2. Preparedness

- Look at your work environment through the lens of survival
- Ask yourself "What if..." questions
- Develop effective response strategies

### 3. Rehearsal

- Practice your plan

## In the event of an active shooting – If you hear gunshots

### 1. Figure Out! - Decide your best course of action

- a. Get out: can you safely escape?
- b. Hide out: is there a good place to hide?
- c. Take out: will you take out the shooter?

### 2. Get Out!

- a. If you can, escape, get out
- b. Trust your instincts
- c. Leave belongings behind

### 3. Hide Out!

- a. Find a hidden location
- b. Find protection
- c. Avoid places that trap or restrict movement
- d. Spread out (don't huddle) – this gives options for escape and movement and makes you a harder target

### 4. Call Out!

- a. Don't assume someone else is calling
- b. Call police for help
- c. Be persistent when calling, telephone lines may be jammed
- d. Calmly state where you are and what's happening

### 5. Keep Out!

- a. Find a room that locks
- b. Blockade the door
- c. Be silent
- d. Turn out the lights and turn off the noise (i.e. silence, but don't turn off cell phones, etc.)

### 6. Take Out! (last resort)

- a. Make a plan
- b. Act as a team
- c. Commit completely to your action plan
- d. Do whatever necessary to neutralize the situation

### 7. Help Out! – if possible

- a. Help others stay calm
- b. Help others escape
- c. Warn others

- d. Help the injured
- e. Keep others away from danger area

## When law enforcement arrives

1. Give location of the shooter(s)
2. Tell officers number of shooters
3. Provide physical description of shooter(s)
4. Describe type and number of weapons
5. DO NOT approach officers
6. DO NOT point
7. DO NOT scream or yell
8. DO NOT pose a threat
9. Remain quiet
10. Follow directions

## Trained to react to a crisis vs. untrained

### Those who are trained

- Feel anxious
- Recall what they've learned
- Prepare to act just as they've rehearsed
- Commit to action

vs.

### Those who are untrained

- Feel panic
- Are in disbelief/denial
- Are in shock
- Descend to helplessness

## Active shooter notification (for calling police dispatch)

1. To contact UCSF PD, call 9-911 (when using campus phone) or (415) 476-6911 (when using cell phone). To contact SFPD, call 911 or (415) 553-8090 (when using cell phone).
2. Provide location of incident: building name, floor level, room number
3. Describe briefly what is happening (i.e. man or woman with a gun shooting)
4. Provide your name and phone number
5. Provide suspect physical description
6. Give weapon description

## Important Contact Information

### UCSF Police Department

9-911 (from any campus phone)  
(415) 476-6911 (when using cell phone)

### San Francisco Police Department

911  
Or (415) 553-8090 (when using cell phone)

For further information regarding the UCSF Police Department's Active Shooter Program, please go to: <https://police.ucsf.edu/crime-prevention-statistics/gunman-campus>

# UC San Francisco Police Department Campus Shooting Resource Pamphlet

**Prepared by**

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**[www.police.ucsf.edu](http://www.police.ucsf.edu)**



*"Be mentally prepared! Pre-plan! Know your surroundings!"*

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