



UCSF EMERGENCY MANAGEMENT PROGRAM



Mike Denson
Chief of Police

Disaster Mental Health Team (DMHT)

Disaster Mental Health Team (DMHT) – A DMHT is comprised of staff, faculty, and students. Some DMHT members will be lay volunteers (non-mental health professionals) who receive training in Psychological First Aid or other elements of disaster mental health identified by the UCSF Disaster Mental Health Workgroup.

The DMHT is also comprised of UCSF mental health professionals who are assigned or volunteer to provide crisis counseling or other appropriate mental health services to disaster victims and responders.

How DMHTs Are Used

DMHT members may utilize their Psychological First Aid training spontaneously in any emergency where they see victims experiencing distress due to the emergency. The UCSF Emergency Operations Center would notify DMHT members to activate and assign team members to UCSF locations with affected populations to provide disaster mental health services.

DMHT mental health professionals may be activated and deployed to serve as a referral and consultation support to lay DMHT members.

The DMHT will provide support to UCSF and community members who gather at UCSF emergency assembly areas, aid stations and shelters, as well as to UCSF emergency responders during emergency operations.

Training

DMHT training and development may include Psychological First Aid, foundations in disaster mental health, and other on-line or classroom training opportunities, including American Red Cross training.

UCPD Emergency Management also sponsors additional emergency preparedness training and exercise opportunities during the year.

For more information or to volunteer, please e-mail emer.mgt@police.ucsf.edu or visit <http://police.ucsf.edu/index.php?/Preparing-for-Emergencies/volunteer-opportunities.html>