

# Safety



# Bulletin

## California Proposition 64 (Adult use of Marijuana) and University of California Policy

On January 1, 2018, Proposition 64 made adult use of marijuana legal in California. However, using and possessing marijuana is still illegal under federal law. Since University of California (UC) receives federal funding, the Federal Drug Free Schools and Communities Act and the Drug Free Workplace Act requires UC to have policies that prohibit marijuana use, possession and distribution on campus or in the workplace in any form.

Check out these links:

<http://ucnet.universityofcalifornia.edu/news/2018/01/despite-passage-of-prop.-64.-you-still-cant-use-marijuana-on-uc-property.html>

[CAP 150-11 Substance Abuse in the Workplace](#)

### **MARIJUANA USE**

While marijuana may seem like a less-dangerous drug, THC levels (the psychoactive component of marijuana) can vary widely—and coupling marijuana with other drugs just increases the danger of overdosing or dying. Cannabis can be added to almost any food or drink, including baked goods. It is important to educate yourself about an edible's effects, which may last up to 6 to 8 hours, as eating too much THC can be very unpleasant and disorienting. It can cause hallucinations and disorientation, and even "scromiting"—a combination of vomiting and screaming.

### **DOSAGE LEVELS**

California's new regulations require all edibles to clearly indicate THC content and divide edibles into serving sizes of 10 milligrams, with no more than 100 milligrams in a package. The onset time for feeling the effects from edibles can be up to 2 hours or more. A large concern is for first-time users who over-ingest marijuana because they don't understand the dosage levels or have any tolerance with using these drugs.

*Together for a Safe and Crime-Free Campus*

18-01-01 CP

*Mike Denson  
Chief of Police*

This alert is a public service to the University community and in compliance with the Jeanne Clery Act of 1998

## **UNDERSTAND WHAT IS ON THE PRODUCT LABEL**

When purchasing marijuana, especially edibles, look for the THC content listed in milligrams. Avoid products without lab-tested dosage information, as well as items that list their potency in generic terms such as “extra strength.” Ask questions of the dispensary staff about cannabidiol ratios and the contents of what you are about to purchase.

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## **SIGNS OF OVERDOSE**

An overdose can vary from person to person. However, most people experiencing an overdose present these common symptoms:

- Will NOT wake up—unconscious and unresponsive
- Unable to stand, walk, or have control of their bodily functions
- Uncontrollable vomiting
- Slow/irregular breathing-gurgled sounding
- Pale skin
- Bluish tinge to mouth and fingernails

**If overdose is suspected, please call 911 immediately! From campus phones you can call 9-911 or (415) 476-1414.**

## **MARIJUANA POSSESSION/DISTRIBUTION/USE/DRIVING**

Having marijuana on campus means you can still get in trouble—up to and including dismissal and/or face criminal charges.

Driving under the influence of drugs (including marijuana) and/or alcohol is both dangerous and a criminal violation.

## **CAMPUS RESOURCES**

For faculty and staff, assistance is available through the Faculty and Staff Assistance Program (FSAP). 415/476-8279 [fsap@ucsf.edu](mailto:fsap@ucsf.edu)

For students, assistance is available through Student Health and Counseling. (415) 476-1281 [SHS@ucsf.edu](mailto:SHS@ucsf.edu)

**Help fight crime by reporting suspicious activity to UCSF PD (or the local jurisdiction police) immediately. For emergency or in-progress events, dial 9-911 when using on-campus land lines and 415/476-6911 when using cell phones. For non-emergency calls, please dial 415/476-1414.**

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